

# Common Mistakes People Make During or Before Deliverance

by Tiffany Buckner

Below are 12 mistakes that people commonly make during and before deliverance.

1. **Not fasting or praying before deliverance:** Let me state the obvious. Fasting is not a requirement for deliverance at all! However, there are some spirits that will only come out after you've fasted and prayed, so it's always a great idea to fast before undergoing deliverance otherwise, if the demons you have are bound to a legality, meaning you'll need to fast to rid yourself of them, you will likely leave the session still in bondage.
2. **Trying to control the minister or the session:** Your job is just to receive deliverance. You simply need to follow the lead of the minister who's commissioned to take you through deliverance. Don't be dishonest because of shame, don't try to steer the minister in one way or the other and don't allow yourself to get offended for any reason before or during the session.
3. **Trying to sneak their lovers or loved ones onto the line:** Sometimes, people schedule sessions that are supposed to be one-on-one or the partakers are a part of a specific group of people (mentorship program, course, etc.), and in a desperate attempt to get their lovers or loved ones free, some people attempt to sneak those people onto the lines in hopes that they'll get free. They do this not realizing that Satan is the accuser of the brethren, meaning he will use whatever methods he can to keep those people bound. In other words, he will use their dishonesty against them. Consequently, they often hang up the line still in bondage because they used trickery in a spiritual climate.
4. **Trying to force their loved ones to go through deliverance:** God is not a bully. He will not force a person to get free who doesn't want to be set free. In other words, those people have to want deliverance to receive it.
5. **Underestimating demons:** The Bible tells us to be as wise as serpents. Keep in mind that in the book of Genesis, Satan hijacked the body of a serpent. Genesis 3:1 reads, "Now the serpent was more subtil than any beast of the field which the LORD God had made. And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden?" The word "subtil" in the Bible means "crafty, cunning, sly." I'm saying that to say this—if you have scheduled a deliverance session with someone, your demons know tis

and they will do any and everything to stop the deliverance. This includes: causing you to become incredibly tired before the deliverance. You then begin to reason with yourself that you have enough time to take a nap. Instead, you may end up oversleeping. Believe it or not, this is common! Then again, you may get a random call from a relative who is in need of your time and attention. In other words, be sure to guard your time, attention and space before a deliverance session.

6. **Underestimating the power of God:** You don't have to "do" anything to get free other than just believe that God is powerful enough and willing to set you free. There is no demon in hell, on Earth or in the air that can resist the power of God.
7. **Overestimating the deliverance minister:** We are but vessels of God. We can't do anything outside of YAHWEH. He is the one who sets you free; we just yield ourselves as vessels to Him.
8. **Being passive during deliverance:** Simply put, some people think that deliverance is a magic spell, when this couldn't be further from the truth. Deliverance is the right of the believer; it is the Word of God in action. With that said, you shouldn't just stand there and wait for a demon to manifest itself. Set your will against them and follow the instructions of the minister who's been entrusted with the grace to lead you through deliverance.
9. **Bringing an unbelieving friend along:** Sometimes, people are so worried about onlookers, especially their doubtful friends or loved ones that they unknowingly resist God. God resists the proud and gives grace to the humble (see 4:6). God won't "overpower" you to cast those spirits out. He requires that you exalt Him and humble yourself. If you're proud, the deliverance session will prove to be futile.
10. **Choosing which demons they have:** This is more common than I care to admit, whereas people set up sessions for deliverance with an already made up mind as to what they need deliverance from. Consequently, they are taken aback or even offended when the deliverance minister starts calling out demons they didn't know they had. Some people will even interrupt a session just to question the minister about a demon the minister called out or a demon that manifested itself. Asking questions is great, but it's always better to wait until after the session is complete, if time permits.
11. **Refusing to repent of the sin that got them bound in the first place:** Some people see deliverance as a shower between sins. They want the

demons evicted that are attacking their mental health, their money and their relationships, but they are in no way concerned with any other unclean spirit ... just the ones that are acting like demons (killing, stealing and destroying). Understand that you should never undergo deliverance and then return to the ditch that God dug you out of. Remember the warning that Matthew 12:43-45 gave us. It reads, "When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none. Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished. Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first."

12. **Dishonoring the deliverance minister or being disrespectful of the minister's time:** Again, demons are cunning and they are known to cause people to become offended with the people set to take them through deliverance; this way, they will be too proud to undergo deliverance with those people. All the same, more than 40% of people show up for their deliverance sessions late, citing everything from having overslept, gotten caught up in traffic, forgetting about the call, etc.