

The Reason for the Weight

Think of your flesh as your weight. Galatians 5:16-17 reads, "But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do."

The law of universal gravitation states that gravitational force between masses decreases with the distance between them, according to an inverse-square law. In addition, the theory notes that the greater an object's mass, the greater its gravitational force on another mass.

Think of a magnet. The more distance there is between two magnets, the less they'll be attracted to one another, but the closer you bring them to one another, the greater the pull they'll have on one another. Additionally, this attraction increases and decreases, depending on the size of one or both magnets.

How can we connect this with the season of waiting? It's simple. The greater distance you put between you and your past, the less you'll be attracted to it. All the same, the greater your stronghold is, the more you'll attract people who bound just like you.

Every human is tri-part: we live in a body, we have a soul and we are spirits (Apostle Bryan Meadows). We're trying to subtract from our bodies (lose weight) and add to our spirit man. To do this, we have to neglect our flesh and feed our spirit. Our soul houses our appetites; it determines what we feed on, and which part of ourselves we feed. When we feed our flesh and starve our spirit, we become more and more carnal and our appetite for worldly things will continue to increase until it consumes us. Additionally, whatever junk we've been taking in begins to surround our spirit like fat, causing us to feel weighed down. We call this state depression. All the same, when we feed our spirit the Word of God and we starve our flesh, we begin to experience the fruit of the Spirit which are: is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance.

When you feed your flesh, you attract carnal men and women; when you feed your spirit with the Word of God, you attract a godly spouse.

So, why does God make His children wait?

God makes us wait so that we'll learn to shift our weight from our flesh to our spirit. In other words, He's waiting on us to grow up.

But the question then becomes, how do we grow up? The answer lies in Ephesians 4:11-15, which reads, "And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; For the perfecting of the saints, for the work of the ministry, for

the edifying of the body of Christ: Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ: That we henceforth be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness, whereby they lie in wait to deceive; But speaking the truth in love, may grow up into him in all things, which is the head, even Christ.”

Jeremiah 3:15: And I will give you pastors according to mine heart, which shall feed you with knowledge and understanding.

Notice here that the shepherds who God sends will feed His people. A shepherd’s job is to teach you how to eat, not to force feed you. A shepherd's job is to teach you how to die to yourself, not to kill you. In other words, your pastor will not and cannot shove the Word down your throat. You have to take it and eat it (sometimes, even force feed it to yourself) until you start to crave it on your own.

God said that He would give you *pastors* after His own heart. Other translations say that He will give you *shepherds* after His own heart. What is the role of a shepherd?

1. to protect the sheep (cover).
2. To lead the sheep to green pastures (instruct).
3. To tend to the needs of the sheep (provide).

To the women of God: a husband is one of the shepherds that God will send, but if the man is not after God's own heart, God didn't send him, and whoever you choose, you have to follow him. If he's not like God, he will expose you, instead of covering you, mislead you, instead of leading you and he will subtract from you, instead of adding to you.

The reason for the w-e-i-g-h-t is because many of you are still eating on the wrong things. Your diet consists of carnal things that you season with spirituality. This is called religion. This is why you are attracted to religious folks who are allergic to holiness. God wants to shift your weight so that the law of gravitation (spiritually speaking) can cause you to attract and be attracted to men and women after His own heart.

Now, what is the reason for the wait (w-a-i-t)? Remember, Ephesians 4 answered this for us. Again, it states, “ And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ: Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ.” The word “perfect” here means mature. God is simply waiting on us to grow up.

Galatians 4:1 reads: Now I say, That the heir, as long as he is a child, differeth nothing from a servant, though he be lord of all; but is under tutors and governors until the time appointed of the father.

This scripture says that the HEIR is no different from a servant as long as he is a child. What does this mean? A servant has no inheritance, but a mature son does. The parable of the Prodigal Son gave us a clear picture of what would happen if we were to receive what we've been praying for prematurely. (Premature means before maturity). We'd squander it.

How do we shift our weight and shorten our wait?

1. Honor the leaders that God sends you and eat whatever He feeds you through them.
2. Learn to feed yourself.
3. Learn to walk it out.
4. Be honest with yourself. When you're not ready, don't rush God. Understand that the insatiable desire you have to be in a relationship is the hunger of your flesh, not your spirit man. The flesh needs to die. Starve it.
5. Pay attention to what you attract and what you're attracted to. This lets you know what you are proportional to.
6. Ask, and it shall be given to you; seek, and you shall find; knock, and it shall be opened unto you – Matthew 7:7 (Understand this: whenever you ask God for a thing, He doesn't give you the thing, He gives you directions).
7. Surrender you whole self to God so He can make you whole.

If you're tired of waiting, you're in good company. Nevertheless, your assignment is to become the very thing that you've been waiting for; your assignment is to become the answer to your prayers; this is how you attract the answer to your prayers.